



5th ISTFP Conference

**International Society of Transference
Focused Psychotherapy**

www.istfp.org

September 30th to October 2nd, 2018

Col·legi Oficial de Metges de Barcelona
Passeig de la Bonanova, 47
BARCELONA

SCIENTIFIC COMMITTEE

John Clarkin
Sergio Dazzi
Jill Delaney
Stephan Doering
Joan Vegué

LOCAL ORGANIZING COMMITTEE

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Miriam Berrio
Miquel Casas
Andreu Codina
Débora Fernández
Marc Ferrer
Alfons Icart
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Blanca Pallarés
Josep A. Ramos-Quiroga
Teresa Ribalta
Ma. Jesús Rufat
Elisabet Sánchez
Joan Vegué
Esther Verdaguer

Welcome to the 5th biennial Conference of ISTFP

Since the foundation of our society in 2011 we have been constantly growing in number of professional associates from a widening selection of countries.

This rapid development of Transference-Focused Psychotherapy around the world is certainly due to the deepening and consistency of the theoretical model, the emphasis on rigorous training processes, as well as substantial clinical outcomes reflected in increasing numbers of research studies.

TFP is now one of the most recognized “evidence-based treatments” for the treatment of borderline and other personality disorders. On the other hand, identity diffusion, one of the key concepts of borderline personality organization described by Otto Kernberg, has been adjusted to define the concept of personality disorders in the DSM-5 (Diagnostic and Statistical Manual of Mental Disorders).

We are delighted to present new approaches and applications of TFP in this 5th Conference, which allows the use of this psychotherapeutic technique, not only in the classical individual frame, but also in other therapeutic settings such as group therapy, family therapy or institutional treatments. TFP training and supervision features are also central to the program as well as the transference patterns in the therapeutic relationship.

We hope that you will enjoy the different presentations and workshops which we are confident have a high scientific value and we wish to thank all of our colleagues who have worked so hard to bring you their knowledge, skills, and experience through their papers and discussions. We are sure that we will have rich and productive debates around the proposed issues of the conference.

And of course we hope you will enjoy meeting colleagues and friends, staying in the beautiful city of Barcelona, and come together for our reception and dinner party, which will take place in an absolutely spectacular place this year.

We are looking forward to seeing you in Barcelona!

Joan Vegué
Chair of the Local
Organizing Committee

Stephan Doering
President ISTFP

Otto Kernberg
Past-President ISTFP

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ISTFP COMMITTEE MEETINGS AND WORKSHOPS

TIME	SUNDAY September 30, 2018					
8:30	Training and Education Committee meeting	TFP-related Research Projects in progress Committee meeting	Inpatient TFP and Psychiatric Services Committee meeting			
9:00						
9:30						
10:00	Coffee break (4 th floor)					
10:30	TFP introductory workshop (Valenciano, Vegué) (Spanish)	TFP-related Research Projects in progress Committee meeting	TFP introductory workshop (Draijer, Haran)	TFP-Adolescents introductory workshop (Normandin, Krischer, Kehr, Weiner)		TFP-Adolescents introductory workshop (Ribalta, Icart, Tarragona) (Spanish)
11:00						
11:30						
12:00						
12:30						
13:00	Lunch break					
14:00						
14:30	TFP introductory workshop (Spanish)	TFP for narcissism (Yeomans, Caligor)	TFP introductory workshop	TFP-Adolescents introductory workshop		TFP-Adolescents introductory workshop (Spanish)
15:00						
15:30						
16:00						
16:30						
17:00			Adolescent TFP Committee meeting		Public Relations Committee meeting	Ethics Committee meeting
17:30						
18:00						

■ 19:00 h. **Welcome cocktail**

GALLERY HOTEL. Rosselló, 249 - 08008 Barcelona - www.galleryhotel.com

Sala Vilana

Sala Panorámica

Sala 4

Sala A+B

Sala C+D

Monday, October 1st

- **8.00** Registration
- **8.30 Welcome**
Jaume Padrós (COMB President), Joan Vegué (Barcelona), Stephan Doering (Vienna)
- **9.00 Plenary Lecture**
Transference Patterns in Personality Disorders
Otto Kernberg (New York)
Moderator: Alfons Icart (Barcelona)
- **10.00** Discussion
- **10.30 - 11.00** Coffee break
- **11.00 Simultaneous symposia: Special topic meetings – Extending the Limits**

A. Implementation of TFP curricula in different countries

Chair: Tennyson Lee (London)

Introductory statements: Monica Eidlin (Montevideo), Mateusz Stróżyński (Cracow), Teresa Ribalta (Barcelona), Birger Dulz (Hamburg)

B. TFP in psychiatric settings

Chair: Joan Vegué (Barcelona)

Introductory statements: Richard Hersh (New York), Michael Rentrop (Munich), Miguel Ángel González Torres (Bilbao), Chiara de Panfilis (Parma)

C. How to work with online supervision in TFP

Chair: Frank Yeomans (New York)

Introductory statements: Stephan Doering (Vienna), Mathias Lohmer (Munich), Luis Valenciano (Murcia), Sergio Dazzi (Parma)

D. TFP in groups

Chair: Gerhard Dammann (Münsterlingen)

Introductory statements: Ma Jesus Rufat (Barcelona), Maya Krischer (Cologne), Philipp Martius (Bad Kreuznach)

E. Setting up the treatment contract in TFP and TFP-A

Chair: Jill Delaney (New York)

Introductory statements: Jos van Mosel (Amsterdam), Lina Normandin (Québec)

- **12.30 - 14.00** Lunch break
- **13.15** ISTFP membership assembly (*For ISTFP members only*)
Moderator: Stephan Doering (Vienna)

Auditorio

Sala Vilana

Sala Panorámica

Sala 4

Sala 1

■ **14.00 Plenary Lecture**

How TFP might use the contributions of contemporary psychoanalysis

Gerhard Dammann (Münsterlingen)

Moderator: **Stephan Doering** (Vienna)

■ **15.00 Discussion**

■ **15.30 - 16.00 Coffee break**

■ **16.00 - 18.00 Simultaneous Scientific Symposia**

SYMPOSIUM 1

Personality Structure Assessment in Adults and Adolescents

Chairs: **Emanuele Protti** (Milan), Discussant: **Eve Caligor** (New York)

Ma. Jesus Barat (Barcelona), Lilla N. Kovács (Budapest), Stephan Doering (Vienna), Andrea Fontana (Rome), Ilaria M.A. Benzi (Milan), Agnieszka Izdebska (Poznan)

SYMPOSIUM 2

Object Relations and Personality Disorder – Implications of Empirical Findings for TFP

Chairs: **Kevin B. Meehan** (New York), Discussant: **John Clarkin** (New York)

Chiara De Panfilis (Parma), Anita Poggi (Milan), Esen Karan (New York), Rossella Di Piero (Milan), Xochitl Duque (Mexico City)

SYMPOSIUM 3

Supervision and Training in TFP

Chair: **Mathias Lehmer** (Munich)

Marion Braun (Berlin), Corinna Wernz (Munich), Orestis Kanter-Bax (London), Philipp Martius (Bad Kreuznach)

SYMPOSIUM 4

TFP in Adolescents

Chairs: **Lina Normandin** (Québec), **Maya Krischer** (Cologne)

Tamara Ponton (Cologne), Alexander Becker (Cologne), Sandra Vohl (Cologne), Tuulikki Trias (Barcelona), Xavier Costa (Barcelona)

SYMPOSIUM 5

Treatment and Outcome in TFP

Chairs: **Melitta Fischer-Kern** (Vienna), **Gerhard Dammann** (Münsterlingen)

Anna Buchheim (Innsbruck), Anna Tmej (Vienna), Benjamin Kraus (Münsterlingen), Irene de Àngel (Barcelona), Eulàlia Ripoll (Barcelona), Olivier Laverdière (Québec)

SYMPOSIUM 6

Dreams and arts in TFP

Chairs: **Werner Köpp**, **Marion Braun** (Berlin)

Mareike Steemann (Maastricht)

■ **20.30 Gala dinner - October 1st**

*RESTAURANT MIRABÉ. Manuel Arnús 2, (end Av. Tibidabo) - 08035 Barcelona
www.mirabe.com

20.00 h. BUS TRANSFER AVAILABLE*

Auditorio

Sala Vilana

Sala Panoràmica

Sala 4

Sala A+B

Sala C+D

Tuesday, October 2nd

■ 8.30 Plenary Lecture

Extending the limits of TFP

Eve Caligor (New York)

Moderator: Joan Vegué (Barcelona)

■ 9.15 Discussion

■ 9.30 Cases supervision

Otto Kernberg (New York)

Discussants: Sergio Dazzi (Parma), Stephan Doering (Vienna)

■ 11.00 - 11.30 Coffee break

■ 11.30 Plenary Presentation of the ISTFP Research Award

Moderator: John Clarkin (New York)

■ 12.00 Round table

Technical problems in learning TFP

Frank Yeomans (New York), Agnes Schneider-Heine (Munich), Luis Valenciano (Murcia), Tennyson Lee (London)

■ 13.30 Closure of the conference

Otto Kernberg (New York), Joan Vegué (Barcelona), Stephan Doering (Vienna)

■ 14.00 - 18.30 Meeting of the ISTFP Board of Supervisors

For certified teachers and supervisors only

Moderator: Frank Yeomans (New York)

(work lunch included)

Speakers of the Plenary Lectures and Chairs of Simultaneous Symposia



OTTO KERNBERG

Psychiatrist and psychoanalyst. Professor of Psychiatry, Weill Cornell Medical College. Training Analyst, Columbia University. Director of the Personality Disorder Institute at New York Presbyterian Hospital. Founder of TFP.



STEPHAN DOERING

Psychiatrist and psychoanalyst. Professor of Psychiatry. Head of the Psychoanalysis and Psychotherapy Department at the Vienna University of Medicine. President of the International Society of Transference-Focused Psychotherapy (ISTFP).



FRANK YEOMANS

Associate Professor of Psychiatry at Weill Cornell Medical College, Columbia University. Director of training at the Personality Disorders Institute. Director of the Personality Studies Institute (New York). Coordinator of the Training and Education Committee.



JOHN F. CLARKIN

Clinical professor of Psychology in Psychiatry, Weill Cornell Medical College. Co-Director of the Personality Disorders Institute at the New York Presbyterian Hospital, Westchester Division. Coordinator of the Research Committee.



MARION BRAUN

Psychologist, psychoanalyst, member of the management board of the Institute for Psychotherapy Berlin (IfP). ISTFP teacher and supervisor.



EVE CALIGOR

Clinical Professor of Psychiatry at the Columbia University College of Physicians and Surgeons, and Director of the Psychotherapy Division and Training and Supervising Analyst at the Columbia University Center for Psychoanalytic Training and Research.



GERHARD DAMMANN

Psychiatrist, psychologist (PsyD), psychoanalyst (IPA) and a supervisor (ISTFP). Director of the Psychiatric Hospital in Muensterlingen and lecturer at the Universities of Salzburg, Zurich, St. Gallen and Kiev.

Speakers of the Plenary Lectures and Chairs of Simultaneous Symposia



SERGIO DAZZI

President PDlab Italy, Board of Certifiers ISTFP, International Distinguished Fellow American Psychiatric Association, Fellow American Academy of Dynamic Psychiatry and Psychoanalysis.



JILL DELANEY

Senior Fellow. The Personality Disorders Institute. President of The Connecticut Society for Psychoanalytic Psychology.



MELITTA FISCHER-KERN

Associate Professor and Head of the Inpatient Clinic at the Department of Psychoanalysis and Psychotherapy; Medical University Vienna.



ALFONS ICART

Psychologist and Psychoanalyst (SEP-IPA). General Manager of Fundació Orienta. President of Grup-TLP Barcelona. ISTFP teacher and supervisor.



MAYA KRISCHER

Psychoanalytic psychotherapist and associated prof. of clinical psychology at the Department of Child and Adolescent Psychiatry and Psychotherapy of the University Clinic of Cologne. Director of the Day Clinic program for adolescents with personality disorders.



WERNER KÖPP

Psychoanalyst and Ass. Prof. for Psychosomatic Medicine at the University Hospital Charité in Berlin, training analyst and supervisor of the German Psychoanalytic Society (DPG), ISTFP teacher and supervisor, member of the Institute for Psychotherapy Berlin (IfP).



TENNYSON LEE

Psychiatrist at the Maudsley Hospital. Specialist trainings in psychiatry and psychotherapy and is a Consultant in General Adult Psychiatry and Medical Psychotherapy. Clinical Lead in a Foundation NHS Trust within a specialist Personality Disorder Service.

Speakers of the Plenary Lectures and Chairs of Simultaneous Symposia



MATHIAS LOHMER

Psychologist, psychoanalyst (IPA), psychotherapist and organizational consultant. ISTFP teacher and supervisor. Teaching and supervising TFP in inpatient and outpatient psychotherapy and in forensic and adolescent inpatient treatment.



KEVIN B. MEEHAN

Associate Professor in the Department of Psychology at Long Island University (LIU) – Brooklyn, and an Adjunct Clinical Assistant Professor of Psychology in the Department of Psychiatry at Weill Cornell Medical College (WCMC).



LINA NORMANDIN

Clinical psychologist. Full Professor of Psychology, École de psychologie, Université Laval, Québec, Canada. Responsible of the Teenagers Personality Disorders Institute. ISTFP teacher and supervisor.



EMANUELE PRETI

Assistant Professor of Clinical Psychology at the University of Milano-Bicocca. Psychotherapist and certified TFP therapist and founding member of Personality Disorders Lab, Italy.



AGNES SCHNEIDER-HEINE

Dr. med. Dipl. Psych. Specialist in psychosomatic medicine, psychotherapy and psychoanalysis, working in her own practice, on the board of the TFP Institut Munich (supervisor and lecturer), also at a psychoanalytical institute in Munich, member of DPG, DGPT, SSTFP, ISTFP.



LUIS VALENCIANO

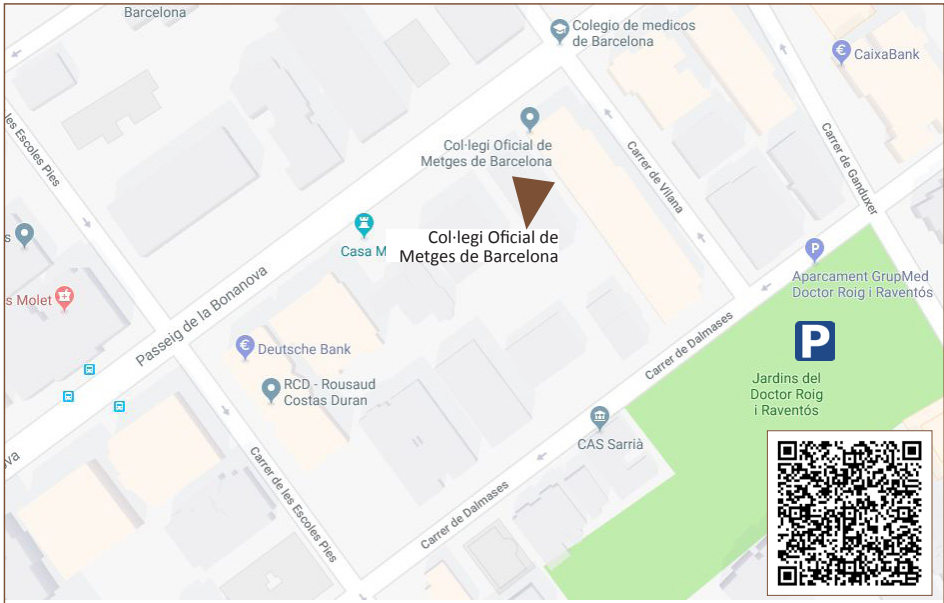
Psychiatrist and psychotherapist. Head of service of the Personality Disorders Day Hospital (Hospital Psiquiátrico Román Alberca). Coordinator of the Personality Disorder Unit for the region of Murcia. ISTFP teacher and supervisor.



JOAN VEGUÉ

Psychiatrist and psychotherapist. Medical Director of CPB Serveis Salut Mental. Vicepresident of Grup-TLP Barcelona. Member of the Executive Board of Cluster Mental Health Catalonia. Member of the Advisory Council for Mental Health and Addictions (Department of Health, Catalonia). ISTFP teacher and supervisor.

Conference Venue



How to get:

Private transport:

The COMB is located 5 minutes from the exit 7 of the Ronda de Dalt and 2 minutes from the exit of the Vallvidrera tunnels.

It is also easily accessible through the Ronda del Mig/Gral. Mitre and through the Via Augusta and Ganduxer street.

Once you arrive, behind the COMB building, you have the Dr. Rojo and Raventós car park (c/Dalmases 76).

Bus:

There are several urban buses which stops are less than 3 minutes walking from the COMB:

- 70, H4, V11, V13

Railways of the Generalitat de Catalunya (FGC):

The nearest railway stations are 11 minutes away on foot:

- Sarrià Station: lines L6, S5, S55, S1 and S2
- Bonanova station: lines L6, S5 and S55

Organized by:



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